



## Anthem Inclusive Care

### A new program designed for our LGBTQ+ members

Part of living a healthy life is finding a doctor you trust. To make this easier for our members who are lesbian, gay, bisexual, transgender, and queer (LGBTQ+), Anthem is introducing Inclusive Care. This no-cost program helps you find doctors who will treat you with dignity and respect and who are experienced in providing compassionate, high-quality LGBTQ+ healthcare.

### How Inclusive Care supports your unique needs



#### Specially trained Member Services

Our Member Services can help you find the quality care you need. Working under the guidance of a clinician, they have an increased knowledge and understanding of LGBTQ+ concerns. Our Health Guides can identify medical doctors and behavioral healthcare professionals who are familiar with and sensitive to your needs. They can also help you locate community programs and other resources for support.



#### LGBTQ+ provider directory

Using the Find Care tool on the **Sydney Health** app, you can search for a behavioral health professional who has experience with LGBTQ+ issues. Over time, the Find Care tool will also include a filter for medical doctors who are LGBTQ+ friendly.



### We're committed to serving your needs

Our goal is for every member to feel welcomed, respected, and valued. As we launch Inclusive Care, we're listening and learning. Please let us know what more we can do.

For more information about Inclusive Care, call the Member Services number on your member ID card.



#### Gender Affirmation surgery concierge

If you are interested in exploring sex reassignment surgery, our Member Services team can connect you to the Inclusive Care team for confidential counseling and guidance through the process. This team will help you understand your benefits, find a surgery center near you, coordinate multiple service providers, and in some cases arrange travel.



#### Benefits that focus on your whole health

In addition to the unique resources and services available to you through the Inclusive Care program, your health plan benefits include:

- Expert, whole-health care regardless of gender identity.
- Access to our large network of medical and behavioral health professionals.
- World Professional Association for Transgender Health (WPATH) Standards of Care for **gender affirmation services**, based upon your benefit coverage.

## Who can use Inclusive Care?

The program is available at no extra cost to all employees who have an Anthem medical plan that offers Inclusive Care and are looking for:

- Primary and specialty care from a provider with LGBTQ+ experience.
- Counseling for behavioral health and emotional well-being.
- Support for coming out at work.
- HIV/AIDS treatment and PrEP medication.
- Information on sex reassignment surgery benefits and options.
- Ways to support a family member or friend who is LGBTQ+.

### Anthem, Inc. recognitions:

